

# JOSEPH LEONARD GRZESKIEWICZ, MD , FACS

Office: La Jolla Cosmetic Surgery Centre  
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## EDUCATION AND TRAINING

Wakefield High School, Arlington, Virginia  
Salutatorian June 17, 1979

United States Naval Academy, Annapolis, MD  
July, 1979 - December, 1980

James Madison University, Harrisonburg, VA  
Bachelor of Science, cum laude (Mathematics) May 5, 1983

University of Virginia School of Medicine, Charlottesville, VA  
Doctor of Medicine May 17, 1987  
United States Navy Health Professions Scholarship

United States Naval Hospital, San Diego, CA  
Surgery Internship July, 1987 - July, 1988

United States Naval Aerospace Medical Institute , Pensacola, FL  
Designated Naval Flight Surgeon #4217 February 2, 1989

United States Naval Hospital, San Diego, CA June, 1992  
Basic Course in Microvascular Surgery

University of Missouri Hospitals and Clinics, Columbia, MO  
Integrated General/Plastic Surgery Residency June, 1992 - June, 1998

University of Missouri Hospitals and Clinics, Columbia, MO  
Fellow in Microvascular Surgery July 1, 1995 - June 30, 1996

University of Virginia Health Sciences Center, Charlottesville, VA  
Fellow in Plastic and Orthopaedic Surgery (Hand)  
July, 1998 - June, 1999

## BOARD CERTIFICATION

National Board of Medical Examiners  
Diplomate July 1, 1988

American Board of Plastic Surgery  
Diplomate September 9, 2000

## LICENSURE

State of California July, 1989

## MEMBERSHIPS

American Society of Plastic Surgeons	Active Member
Fellow of the American College of Surgeons	Active
California Medical Association	Active Member
San Diego Plastic Surgery Society	Active Member
San Diego County Medical Society	Active Member
Boy Scouts of America, Eagle Scout	September, 1976

## APPOINTMENTS AND PRACTICE HISTORY

Marine Aircraft Group 39 Medical Department  
MCAS Camp Pendleton, CA  
Flight Surgeon February, 1989 - June, 1992  
Department Head August, 1990 - April, 1991  
Medical Student Clinical Preceptor  
Department CME and Training Officer

Marine Helicopter Light Attack Squadron 169  
MCAS Camp Pendleton, CA  
Squadron Flight Surgeon February, 1989 - August, 1991

Division of Plastic Surgery  
Scripps Memorial Hospital  
La Jolla, California  
July, 1999 - Present

Consultant Surgeon  
Department of Plastic and Reconstructive Surgery  
United States Naval Medical Center  
San Diego, California  
July, 1999 – June, 2004

Joseph L. Grzeskiewicz, M.D. Professional Corporation  
Private Practice, Plastic and Reconstructive Surgery  
La Jolla, California and San Diego, California  
July 1999 – October 2005

La Jolla Cosmetic Surgery Centre  
Plastic Surgeon  
Cosmetic Surgery Division  
October 2005 – Present

Luminesse Medical Spa  
Founder and Medical Director  
January 2006 – January 2007

## MILITARY SERVICE

United States Navy Health Professions Scholarship August, 1983 - May, 1987 Commissioned  
as Ensign, United States Naval Reserve May 21, 1983  
Lieutenant, active duty United States Naval Reserve May 17, 1987  
Selected for Lieutenant Commander June, 1991  
Honorable Discharge from military service June, 1992

## PUBLICATIONS

Grzeskiewicz, J.L., Hall, R.A., Anderson, G., Mintz, P.D., Preoperative Crossmatch Guidelines for Total Hip Arthroplasty, *Orthopedics*, 12(4): 549, 1989.  
(abstract) *Transfusion*, 27:517, 1987.

Puckett, C.L., Grzeskiewicz, J.L., and Yule, G.J., Treatment of Vasospastic Disease in the Hand, in: Saffer, P. Amadio, P.C., Foucher, G., eds., *Current Practice in Hand Surgery*, London: Martin Dunitz, Ltd., 1997.

Grzeskiewicz, J.L. and Concannon, M.J., Cutaneous Angiocentric T-Cell Lymphoma Presenting as a Primary Tumor in the Hand, submitted for publication.

Kalliainen, L.K., Drake, D.B., Edgerton, M.T., Grzeskiewicz, J.L., Morgan, R.F., Surgical Management of the Hand in Freeman-Sheldon Syndrome, *Annals of Plastic Surgery*, 50(5): 456-62, May 2003.

Grzeskiewicz, J., **Manual of Clinical Policies and Procedures for the Medical Spa**; 2006, a comprehensive manual of clinical policies and procedures distributed to the clientele of Solana MedSpas, Irvine, California, a national medical spa consultant firm

## PRESENTATIONS AND MEDIA APPEARANCES

### NATIONAL

National Student Research Forum  
UTMB, Galveston, TX April, 1987  
**Preoperative Crossmatch Guidelines for Total Hip Arthroplasty**

American Association of Blood Banks  
Annual Meeting, Orlando, FL November, 1987  
**Preoperative Crossmatch Guidelines for Total Hip Arthroplasty**

Plastic Surgery Educational Foundation  
Annual Senior Residents Conference  
Birmingham, AL April, 1998  
**Endoscopically Assisted Repair of Post Traumatic Enophthalmos via A Transconjunctival Approach - A Case Report**

### REGIONAL

Joint Annual Meeting of Mid-Atlantic Association of Blood Banks and Pennsylvania Association of Blood Banks, Hershey, PA April, 1987  
**Preoperative Crossmatch Guidelines for Total Hip Arthroplasty**

### STATE

Faculty, Radiation Therapy Annual Conference  
Seventh District of Missouri Society of Radiation Therapists  
Ellis Fischel Cancer Center, Columbia, MO October 25, 1997  
**Breast Reconstruction in the Cancer Patient**

MEDIA APPEARANCES

Channel 8 Evening News:

**Breast augmentation and “Curves Connection” for preoperative evaluation**

KUSI News Good Morning San Diego:

**Nonsurgical skin rejuvenation treatments**

KUSI News Good Morning San Diego:

**Dietary supplement use in plastic surgery patients**

KUSI News Good Morning San Diego

**Minimally invasive surgical options for quick holiday recovery**

WS Radio The Health and Beauty Revolution with Patty Kovacs

**Breast augmentation and “Curves Connection”**

KOGO AM 600 radio KOGO for Kids with Dr. Linda Haack-Rogers

**Breast augmentation in teen-age patients**