



## Lukasz Swistun, MD

Board Certified Plastic & Reconstructive Surgeon

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professional  
experience:

- **Burbank Plastic Surgery** (Private Practice), Burbank, CA, July 2018 – Oct 2020

Plastic and Reconstructive Surgeon focusing on aesthetic breast, body and face procedures, including staged / transformative mommy makeovers, liposculpture with fat transfer, breast augmentations w/wo lifts, explantations w/wo lifts, as well as reductions; rhinoplasty, blepharoplasty, brow lift, rhytidectomy, facial fat transfer; non-surgical facial rejuvenation

Special interest in Breast Implant Illness (BII), and highly recommended explant surgeon by the BII community (one of eight for the state of CA, as of April 2020)

Routine hospital inpatient / outpatient coverage for breast and body reconstructive surgery, general plastic surgery

24/7/365 Emergency Department coverage (non-panel) for hand surgery, facial trauma, and general plastic surgery

Coordination of comprehensive team-oriented patient treatment effort for Breast Implant Illness population patients, including General Surgery, Plastic Surgery, Internal Medicine, Rheumatology, Immunology and Naturopathic Medicine, as indicated on a case-by-case basis

- **Verona Plastic Surgery by Dr. William Rahal** (Private Practice), Beverly Hills, CA, June 2020 - Current

Plastic and Reconstructive Surgeon focusing on aesthetic breast surgery and body contouring procedures using the newest industry standard including Power-Assisted Liposuction (MicroAire), combined with Vaser and J-Plasma modalities, adopting the practice owner's surgical technique for optimal results in body contouring through targeted liposuction, fat grafting, previous scar release and skin tightening. Other procedures included staged / transformative mommy makeovers, including mini and full abdominoplasty w/wo plication, w/wo liposuction, thighplasty, brachioplasty, and revision surgeries.

Special interest in Breast Implant Illness (BII) maintained, continued highly recommended explant surgeon by the BII community, offering En Bloc and total capsulectomy with explantation, and concurrent or delayed mastopexy and fat grafting.

- **La Jolla Cosmetic Surgery Centre** (Private Practice), La Jolla, CA, Oct 2020 – Current

Plastic and Reconstructive Surgeon focusing on aesthetic breast, body and head & neck procedures, including staged / transformative mommy makeovers, liposculpture with fat transfer using latest industry standard modalities for optimal contouring and skin tightening results; breast augmentations w/wo lifts, explantations w/wo lifts, as well as reductions; rhinoplasty, blepharoplasty, brow lift, rhytidectomy, facial fat transfer; non-surgical facial rejuvenation

Special interest in Breast Implant Illness (BII) maintained, continued highly recommended explant surgeon by the BII community, offering En Bloc and total capsulectomy with explantation, and concurrent or delayed mastopexy and fat grafting.

marketing  
experience: Extensive and active engagement on social media across two websites, four Instagram accounts, and one Facebook account, including still and video posts focused on current informative and entertaining content to maintain and build patient base, as well as promote colleague networking

Founder and owner of *Valley Physicians Google Group* which includes more than 30 local physicians as members, aimed at promoting open communication, networking and generating referrals amongst the group members; includes arrangement of social events and interest-focused events (bowling, sports car track day, whiskey tasting, etc) to further promote member comradery and networking

hospital  
affiliations: Providence St. Joseph Medical Center, Burbank, CA – Attending Physician, provisional; June 2018-current

Adventist Health White Memorial Medical Center, Los Angeles, CA – Attending Physician, provisional; Jan 2019 – Dec 2020

Adventist Glendale Medical Center, Glendale, CA – Attending Physician, provisional; July 2019 – Dec 2020

Sharp Memorial Hospital, San Diego, CA – Attending Physician, provisional; Oct 2020 – current

surgery center  
affiliations: MiKO Plastic Surgery Center (Michael K. Obeng, MD, FACS), Beverly Hills, CA – Attending Physician, Unrestricted; July 2020 – current

Illuma Surgery Center (Leif Rogers, MD, FACS), Beverly Hills, CA – Attending Physician, Unrestricted; Aug 2020 - current

Vanguard (Avant) Surgery Center, Beverly Hills, CA - Attending Physician, Unrestricted; June 2020 – current

Soma Surgery Center, Beverly Hills, CA – Attending Physician, Unrestricted; Oct 2020 – current

Roxbury Surgical Center (David Saadat, MD), Beverly Hills, CA – Attending Physician, Unrestricted; Sept 2020 – current

La Jolla Cosmetic Surgery Centre, La Jolla, CA – Attending Physician, Unrestricted; Nov 2020 – current

Grossmont Outpatient Surgical Center, San Diego, CA – Attending Physician, provisional; July 2021 - current

military  
experience:

- Regimental Surgeon

Independent Battalions of 1MARDIV, Camp Pendleton, CA, March 2008 – June 2009  
Quality of care, patient satisfaction, peer reviews for Headquarters Battalion, Light Armored  
Reconnaissance Battalion, Artillery Battalion, Combat Engineer's Battalion, 3<sup>rd</sup> Amphibious  
Assault Battalion

- Battalion Surgeon

Third Amphibious Assault Battalion, Camp Pendleton, CA, Sept 2007 – June 2009  
Responsible for readiness and health care of 1500 Marines and Sailors via training and  
supervision of 27 corpsmen.  
Emergency coverage for the CP 21 Area; Scheduled brig (prison) medical coverage.

- Battalion Surgeon / Medical Officer

Third Battalion, Seventh Marines, 29 Palms, CA, US / Ar Ramadi, Iraq, Aug 2005 to July 2007  
Medical Department Head / general medical provider / Echelon I and II trauma care

*First Combat Deployment: Ar Ramadi, Al Anbar Province, Iraq, Aug 2005 - March 2006*

Deployed in support for OIF 4-6, assigned as the Medical Officer in 3/7 Battalion Aid Station  
Camp Ramadi. Assumed Medical Officer / OIC duty and led 7 corpsmen and 1 IDC in  
providing general and basic emergency medical care to the unit's 1128 Marines and Sailors.  
Liaisoned with the Camp Ramadi's surgical facility (US Army's Co. C 228<sup>th</sup> FSB), and trained two  
independent trauma teams; stabilized 89 Marine trauma casualties and additional Army,  
Multi-National Force and Local National trauma casualties. Assisted in 7 mass casualty  
situations involving US and Local National military and civilians, 20 combat trauma surgical  
cases, and 5 non-trauma surgical cases.

Coordinated 24/7 sick call to ensure optimal adaptation to the Marines' day and night combat  
operations.

Relocated to camp Blue Diamond for two remaining months of deployment to cover for provider  
shortage; assumed full medical responsibility for all of Camp Blue Diamond during the month  
of March 2006. Revised mass casualty / trauma response plan, cutting casualty transport  
time from 90 to 22 minutes; exercised 2 Base Defense practice drills.

**Awards:** Navy and Marine Corps Commendation Medal, Iraqi Campaign Medal (with EGA),  
Overseas Service Medal, LOA from Capt Starr, Camp Blue Diamond CDR, US Army

*In Garrison: 29 Palms, CA, US, April 2006 - April 2007*

Assumed role of Battalion Surgeon May 2006; trained new MO; routine post-deployment / pre-  
deployment screening, and disproportionately high psychiatry case management due to lack  
of specialty staff. Extended medical support to D. Company, Third Amphibious Assault BN.  
Successful medical readiness for BN deployment in light of 3 month date advance (The Surge,  
2007), working around BN training schedule to avoid 'stand-downs' to facilitate Marines'  
optimal training availability.

*Second Combat Deployment: Ar Ramadi, Al Anbar Province, Iraq, April 2007 - August 2007*

Advance Party deployment to ensure coordination with US Army Brigade and optimize  
cooperation with Charlie Medical (Echelon II, C. Co 1<sup>st</sup> BSB) to maintain ample routine and  
24/7 emergency availability in support of the Battalion's operations within the city of Ramadi.  
Assisted with 9 Mass Casualty scenarios as overflow contingent; direct trauma casualty care of  
Local Nationals.

Supported non-kinetic operations with multiple personal medical visits to key Local Nationals  
within the city, and civil military engagement operations (reconstruction of Ramadi General  
Hospital, photo image acquisition for promotional / relation use).

Associated Press photo contributor to three 'Assignment: Iraq' AP reports.

**Awards:** Navy and Marine Corps Achievement Medal, Iraqi Campaign Medal (with EGA),  
Overseas Service Medal.

- Intern (PGY-1), General Surgery; Active Duty

Naval Medical Center, San Diego, CA, Aug 2004 – July 2005

**Awards:** LOA for Professionalism in Patient Care, RADM Mateczun, CO, NMCS D

licensing: State of Indiana Unrestricted General Physician License (#01062349A)  
State of Illinois Permanent Physician License (#0136-130637)  
State of Utah Physician & Surgeon License (#8893958-1205)  
State of Utah Physician / Surgeon CS Schedule 2-5 (#8893958-8905)  
The Medical Board of California Physician / Surgeon License (A149403)  
Federal DEA license (FS4371554)

additional training: BLS / ACLS / ATLS certified  
US Navy Officer Indoctrination School graduate with Honors (Newport, RI, 2001)  
US Army Combat Casualty Care Course graduate (San Antonio, TX, 2004)  
USMC Fleet Medical Service School graduate (Camp Pendleton, CA, 2005)  
Cold Weather Mountain Warfare Training BN physician (Bridgeport, CA, 2006)  
Mojave Viper Desert Warfare Training BN physician (Twentynine Palms, CA, 2007)  
Battlefield Healthcare Summit (San Diego, CA, 2008)

Outstanding US Navy Physical Readiness Test scores (all); active & reserve duty, 2004-2014

memberships: Diplomate, American Board of Plastic Surgery, 2019 – current  
The American Society for Aesthetic Plastic Surgery 2017  
American Academy of Facial Plastic and Reconstructive Surgery 2016-2017  
American Medical Association 2000-2004  
American College of Surgeons 2009-2014

committees: Plastic Surgery Education Network (PSEN) Curriculum Development Committee  
Member 2017, Aesthetic Section

other

experience:

- Professional Freelance Photographer

Luke Swistun Photography, Chicago, IL, US, March 1997 to August 2002

Operated as Freelance Photographer / independent contractor. Associated Press contributor.

Clientele: Top Gear Magazine; AutoMoto Magazine; The University of Chicago: Graduate School of Business, The Divinity School, The Athletic Dept., The Alumni Magazine; Merrill Lynch; Deloitte & Touche; Booz Allen Hamilton; numerous private clients

- Staff Photographer / Photo Editor

*The Chicago Maroon*, The Official Student Newspaper of the University of Chicago, Chicago, IL, US, January 1996 to June 1999

Provided photographic coverage for diverse newspaper assignments for a bi-weekly publication.

Took over as head of photographic department within 6 months; Subsequently, recruited, trained and managed a dynamic staff of 20 photographers; maintained annual budget, devised a system for photo crediting, approved images for final publishing.

- International Volunteer

Care for Children / Nobody's Children; Medjugorje / Mostar, Bosnia-Herzegovina, November 1999 to December 1999

Volunteered in conjunction with privately funded American dental / oral surgery team (Care for Children) to post-war Bosnia-Herzegovina, focusing on oral surgery care for the region's orphans in the city of Medjugorje. Subsequently, coordinated movement to Mostar and linked up with a second volunteer organization (Nobody's Children).

- Lifeguard / Lifeguard Captain / Head Lifeguard

Multiple sites, June 1993 to September 1997.

American Red Cross and Ellis & Associates certified. Credited with 12 drowning preventions, perfect skill demo on 3 unannounced audits. Member of a rescue staff named top 3% for safety nationwide. Managed / trained a lifeguard team through daily in-service training.

other

awards:

- Prize Winner, for poetry piece titled *Things We Give Up*, published in *Body Electric*, a Literary and Visual Arts Magazine from the University of Illinois College of Medicine at Chicago, Volume XX (Spring 2004)

- Second Place, Nikon Tulip Festival and Photo Contest, arranged by Pictureline Thanksgiving Point, Lehi, UT, April 2016

- Grand Prize Winner, Pictureline's Night Sky Photography Workshop and Photo Contest, Antelope Island, Syracuse, UT March 2017

- publications: Pannucci CJ, **Swistun L**, MacDonald JK, Henke PK, Brooke BS. Individualized venous thromboembolism risk stratification using the 2005 Caprini score to identify the benefits and harms of chemoprophylaxis in surgical patients: a meta-analysis. *Annals of Surgery*, Jan 2017
- Simpson AM, Moores N, **Swistun L**, Ying J, Agarwal JP. Incidence of complications following two stage expander/implant breast reconstruction: The impact of cancer diagnosis in prophylactic mastectomy. *Breast J*, July 2019
- Joshua T. Tieman, Maziar M. Nourian, Pius Agbenorku, Paa Ekow Hoyte-Williams, Boutros Farhat, Isak A. Goodwin, **Lukasz Swistun**, Kenneth Bo Foreman, William Bradford Rockwell. Developing a Breast Reconstruction Program in a Resource-Constrained Ghanaian Teaching Hospital: Needs Assessment and Implementation. *Annals of Plastic Surgery*, Feb 2021
- Lukasz Swistun, "Let It Out! The Warfighter's Perspective of the World from his Toilet Seat". Text, color, paperback. **ON HOLD**
- abstracts: - Long Term Follow-up of Endoscopic Strip Craniectomy for Sagittal Synostosis: Preliminary Data; 1<sup>st</sup> Mountain West Regional Plastic Surgery Conference, Tabernash, CO, March 2016
- Long Term Follow-up of Endoscopic Strip Craniectomy for Sagittal Craniosynostosis; Joint ASCFS-ASPN Symposium, Maui, HI, January 2017
- Predictors of Surgical Complications after Prophylactic Mastectomy and Immediate Tissue Expander Reconstruction in Cancer and Non-Cancer Patients; 2<sup>nd</sup> Mountain West Regional Plastic Surgery Conference, Park City, UT, March 2017
- lectures: - University of Illinois Department of Surgery Chief Grand Rounds: *Impact of the Affordable Care Act on Surgery*. Chicago, IL, March 2014
- University of Utah Division of Plastic Surgery Grand Rounds: *Nasal Reconstruction*. Salt Lake City, UT, July 2015
- University of Utah Division of Plastic Surgery Grand Rounds: *Pioneers in Plastic Surgery: Sir Harold Gillies*. Salt Lake City, UT, August 2016
- Komfo Anokye Teaching Hospital, Division of Plastic Surgery Invited Guest Lecture: *Fat Grafting*. Kumasi, Ghana, April 2017
- Komfo Anokye Teaching Hospital, Division of Plastic Surgery Invited Guest Lecture: *Autologous Breast Reconstruction: The Transverse Rectus Abdominus Musculocutaneous (TRAM) Flap*. Kumasi, Ghana, April 2017
- University of Utah Division of Plastic Surgery Grand Rounds: *Emerging Trends of Plastic Surgery Training in Ghana and the United States: Generalization Vs. Specialization*. Salt Lake City, UT, April 2017
- Beverly Hills Physicians Medical Staff Meeting Presentation: *Abdominoplasty with Liposuction*. Beverly Hills, CA, February 2018
- Providence St. Joseph Medical Center CME Conference: *Plastic Surgery After Weight Loss*. Burbank, CA, January 2019
- Providence St. Joseph Medical Center CME Conference: *#BreastImplantIllness*. Burbank, CA, April 2019
- Providence St. Joseph Medical Center CME Conference: *Emergency Room Plastic Surgery*. Burbank, CA, January 2020
- University of Utah Division of Plastic Surgery Grand Rounds: *Approach to the Breast Implant Illness Patient*. Salt Lake City, UT (virtual), Sept 2021

other  
scholarly  
activity:

- University of Illinois at Chicago College of Medicine: Anagha Lochar, Lukasz Swistun, Irfan Ahmad, Dustin Fancullio, Jason Rotstein, David Fabi, Sheetal Mari; *Residency – The Next Generation: **An Analysis of Residency Work Hours***. Presentation and College of Medicine Internal Newsletter publication, Chicago, IL, March 2002
- Test question writer of the Post-Test (for CME credit) for the Plastic Surgery Educational Network (PSEN) nine-lecture webinar course series **Transgender 101 for Surgeons**, moderated by Loren Schechter MD, sponsored by the American Society of Plastic Surgeons (ASPS) and the World Professional Association for Transgender Health (WPATH), Salt Lake City, UT, January – March 2017
- International trip to **Kumasi, Ghana**, in cooperation with the Komfo Anokye Teaching Hospital, Division of Plastic Surgery, under the direction of Dr. Bradford Rockwell and Prof. Pius Akbenorku, intended to improve the current local Plastic Surgery program, which included a full week side-by-side experience in the OR, Clinic, and formal lecture presentations; Kumasi, Ghana, April 2017